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Dear Carer,

Welcome to Bradford District Care NHS Foundation Trust.

We have worked with our carers to develop this Carers Information Pack which we hope you find useful and informative. Based on our core values our pledge is to support carers.

It might seem like there is a lot of information within this pack, however we have tried to capture a variety of relevant information to help support you.

You may be offered a range of support including an appointment with a member of the team on the ward to discuss any issues or concerns you may have. You will also have the opportunity to have a wellbeing review carried out by Carers Resource or Making Space. This is designed to look at whether we as a service can offer you any support, education or advice around issues associated with being a carer. If this sounds like something you might be interested in you can contact us on 01274 449660 to arrange to meet in a mutually convenient environment.

We are aware that you may need to ask further questions about our service and we welcome the opportunity to meet with you to discuss any anxieties or concerns you may have please speak to a member of the team who will be happy to help you.

The Trust has a range of services on offer for carers including The Carer Hub which is available for support on 01274 251112. The team at the hub are happy to discuss other support options available and extend a warm welcome to you.

We look forward to meeting with you,

Bradford District Care NHS Foundation Trust