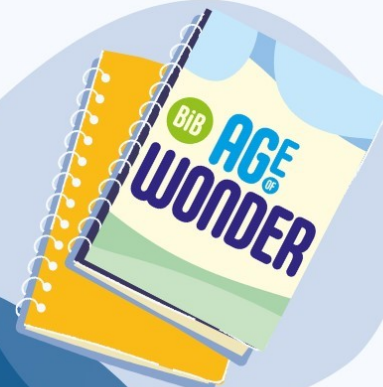
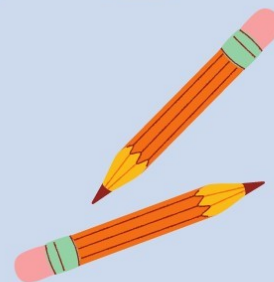


PPAMH!



**Promoting Positive
Adolescent Mental Health
(PPAMH!) for school
climate**



1/2

Most mental health problems start by adolescence, with half established by age 14

2

diagnosis rates for anxiety, depression, attention and eating disorders from 2003 to 2018

X

PPAMH!

Promoting Positive Adolescent Mental Health (PPAMH!) for school climate



22%

In 2022 of young people aged 17 to 24 years had a probable mental health disorder

13% of children with a probable mental disorder missed more than

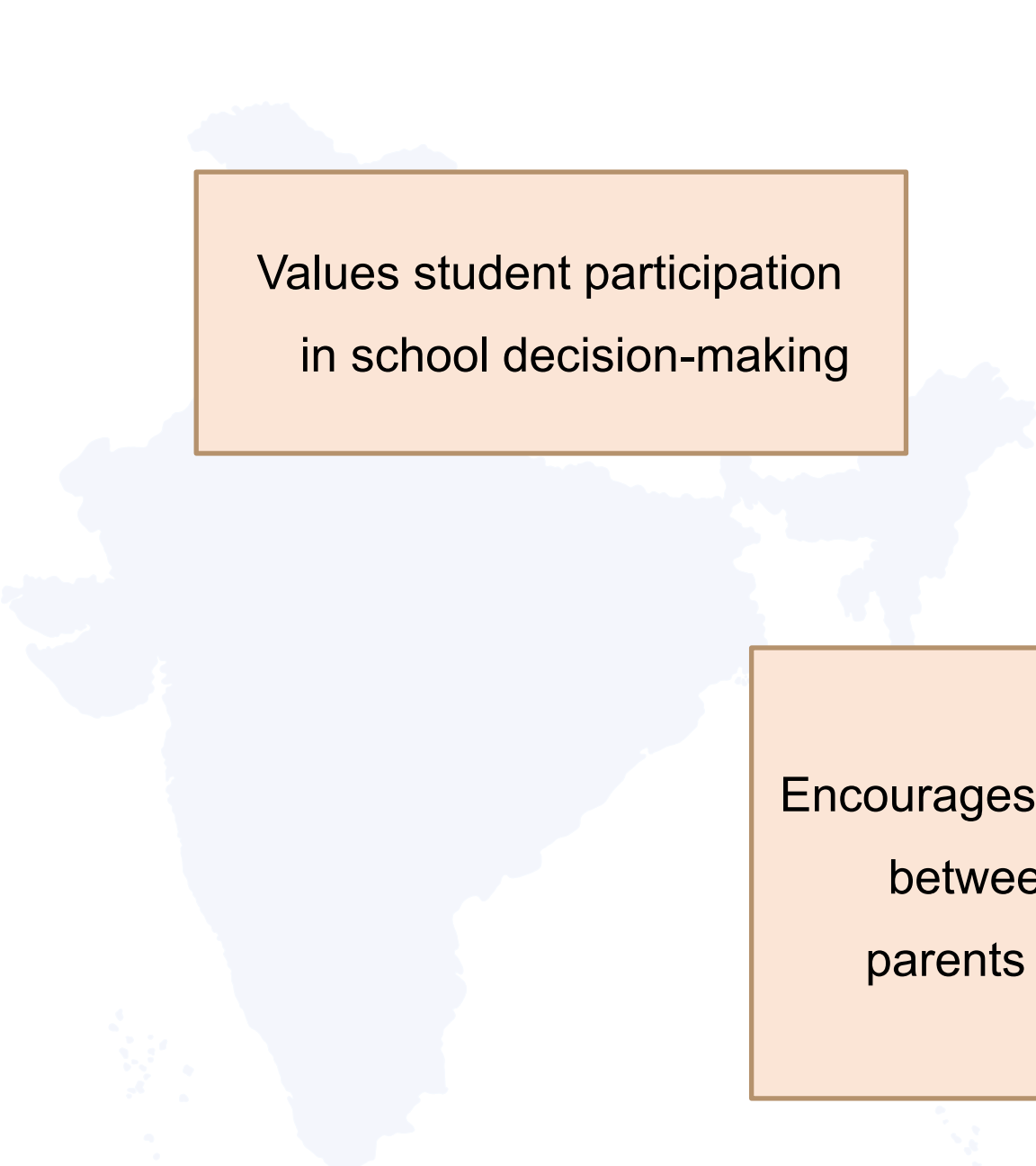
15 Days

of school in one year



- Schools play a crucial role in supporting wellbeing and mental health, with children spending more time in school than any other formal institution. School-based preventative interventions for mental health include universal approaches (for all students), selective interventions targeted at at-risk groups, and indicative (early) interventions for individuals with mental health symptoms.
- The PPAMH! for school climate is a multilevel intervention involving whole school, peer group and individual activities.



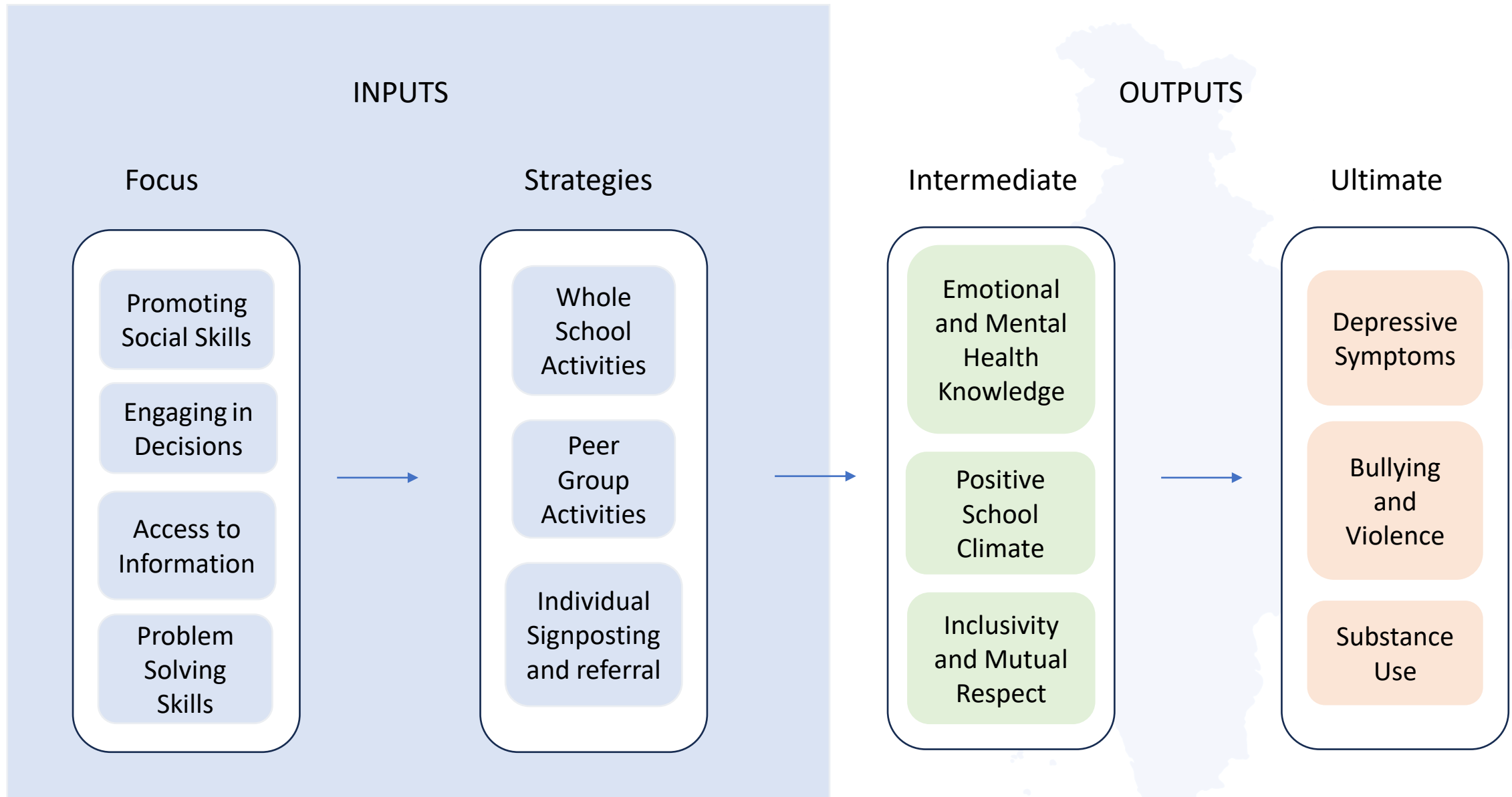


Values student participation
in school decision-making

Fosters a sense of
belonging to the school

Encourages supportive relationships
between students, teachers,
parents and leadership teams.





- Age of Wonder is cohort from the Born in Bradford study, working with secondary schools in Bradford.
- The original BiB cohort are now in their teenage years. **BiB Age of Wonder** is capturing this journey through adolescence and adulthood for the BiB cohort and their peers.
- **Year 8 – 10 Surveys:** completed each year focusing on physical health, mental wellbeing and social media.
- Year 9 Measurements & Biological samples

The logo for 'BiB Age of Wonder' is set against a stylized background of a sun or moon with light blue and yellow segments, and green hills at the bottom. The text 'BiB' is in white inside a green circle. 'AGE' is in large blue letters, with 'OF' in a small blue circle to its right. 'WONDER' is in large, bold, dark blue letters below.

BiB **AGE** **OF**
WONDER

Current stage of the study

Name:

Promoting Positive
Adolescent Mental Health

Logo:



- Training Guide
- Schools
- Workshops



References

Study Protocol

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